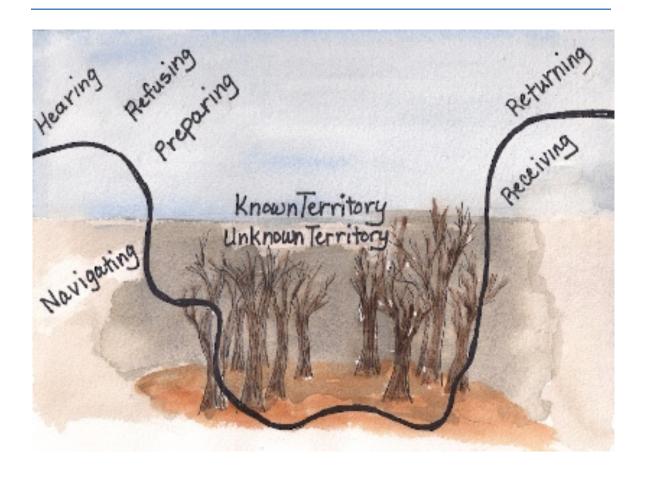
Where Are You?



Stages of a Life Transition as the Hero's Journey



Hearing the Call

You "hear the call" to change. You know that you've outgrown something in your life, and you know that something needs to change.



Refusing the Call

You know that change can be disorienting and uncomfortable, so you stall, resist, or try to beat a hasty retreat from the brink of change.



Preparing for Your Journey

You now know you're in a transition, like it or not. So you look at what you need to take and what you must leave behind.



Navigating the Unknown Territory

You embark into the unknown territory of transition. You've never been here before, and you need to find a way to navigate, because there is no map



Receiving Gifts from Your Journey

You meet your challenges with heretofore unrecognized inner resources. You transform by learning valuable lessons and skills about yourself and your life.



Returning to Your Community

You complete your transition, and, metaphorically, you return home. This is a homecoming to your authentic self. You share your valuable gifts and lessons with your community.

Where Wayfinding Coach Comes In

I specialize in helping you find your way through the unknown territory of your life transition, with power, energy, clarity, and focus. Everything I do on the <u>Wayfinding</u> Coach website, and in my work, is focused with this purpose in mind.